# **SLAA Contact Information**

For info about SLAA in the San Francisco/East Bay Area: Phone: 415-979-4715 Email: info@slaa-sfeb.org

Travelers: Call or email Fellowshipwide Services for meetings in other areas or visit their website.

## SF/East Bay Intergroup

Augustine Fellowship
P.O. Box 32213
Oakland, CA 94604-3513
Website: www.slaa-sfeb.org
Please send 7th Tradition donations to the
above address, Attn: Treasurer.
Please make checks payable to Augustine Fellowship.

# Northern California SLAA Groups Marin County

(415) 905-4124

**Monterey Peninsula** 

(831) 649-3848

Sacramento Area

(916) 552-1442

**Santa Cruz County** 

(831) 425-3353

Sonoma/Napa

(707) 547-0406

**South Bay** 

(408) 235-9823

**Mendocino County** 

(707) 937-5432

# **Fellowship-Wide Services**

The Augustine Fellowship 1550 N.E. Loop 410, Suite 118 San Antonio, TX 78209 (210) 828-7900

Email: slaafws@slaafws.org Website: <u>www.slaafws.org</u>

# **S-Group Contact Info**

Below is contact information for other sexual addiction and co-addiction recovery groups, provided in the spirit of cooperation with related 12-Step fellowships. These are provided for information purposes only; SLAA has no outside affiliations, and inclusion here does not imply any endorsement.

Sex Addicts Anon (SAA): (800) 477-8191 Sexaholics Anonymous (SA): (615) 331-6230 Sexual Compulsives Anon (SCA): (800) 977-HEAL Recovering Couples Anon (RCA): (510) 663-2312 Co-Sex & Love Addicts Anonymous (COSLAA): (860) 456-0032

S-Anon Int'l Family Groups: (510) 869-4884 Co-Sex Addicts Anon (COSA): (763) 537-6904 Online Group of SLAA on StarLink: Sexual Addiction Information:

# **Intergroup Meetings**

Meets 10 am-12: 15 pm 3rd Saturday of each month ODD months: SF-Grace Cathedral, 1100 California St. Chapter Room. From the Taylor St entrance, go up the main stairs to the open area to the right of the church. The Chapter Building is the building to the right of the fountain.

EVEN months: East Bay-Lutheran Church of the Cross, 1744 University, 1 bl W of MLK St, Berkeley.

# **Literature and Chips**

Available at the end of Intergroup meetings, or directly from Fellowship-Wide Services.

# **Changes to Meeting Schedule**

Email changes to registrar@slaa-sfeb.org, or leave message at (415) 979-4715. The online meeting schedule is updated continuously, but changes should be sent to the Registrar by the 2nd Saturday of Mar, June, Sept & Dec.

# S L A A

SEX & LOVE ADDICTS
ANONYMOUS



SLAA Meeting Schedule for San Francisco / East Bay www.slaa-sfeb.org

> Meeting Schedule Jan Feb Mar 2013

For current announcements, see our web site. Printed by the SF/EB Intergroup of SLAA. Current as of 10/17/2012

# San Francisco Meetings

Common Locations

3400 16th St at Church ("16th")

Look for apt bldg on NW corner. Enter thru doors on Church, 75' north of corner; knock on windows if door's locked. Wheelchair accessible.

#### **Monday**

7:30a - 8:30a (16<sup>th</sup>) *Start the Week in Conscious Contact.* O. 12, GC, SC, WA, Meditation, S. 7:30p - 8:45p (2190 Fulton St. Ignatius Church @ USF) *Building Partnerships and Healthy Sexuality.* O. GC, SD. Enter at rear, NE corner east side, look for stairs, meeting sign opposite bike rack.

#### **Tuesday**

7:30a - 8:30a (16<sup>th</sup>) *Healthy Intimacy.* 0. GC, SC. 6:45p - 7:45p (16<sup>th</sup>) *Tools/Step Study & Meditation.* 

## Wednesday

7:30a - 8:30a (16<sup>th</sup>) *Developing Relationships.* O. 6:15p-7: 30 (16<sup>th</sup>) *Women's Meeting. Step discussion and speaker once a month.* C. 12, GC.

8:00p - 9:15p (16<sup>th</sup>) *Focus: The First Step.* O. GC, SC, WA, S, NC. Speaker every week.

#### **Thursday**

 $7{:}30a$  -  $8{:}30a$  (  $16^{\rm th})$  Fantasy and Romantic Obsession. O. GC, SC.

7:30p - 8:45p (16th) Focus on Anorexia. 0.

## Friday

7:30a - 8:30a (16<sup>th</sup>) *Beginning Your Weekend in Recovery*. 0. 12, GC, S.

 $6{:}15p$  -  $7{:}30p$  (  $16^{th})$  Focus on Self Expression. 0.

## **Saturday**

9:00a - 10:30a (St. Mary's & St. Martha's Lutheran, 1050 S. Van Ness) *Weekend Meditation*. O. Enter through free parking lot on right, look for gate atop 2nd floor, go upstairs, take left @ end of hallway. 2:15p-3:15p - *Alt Sexualities*. C. GC. Castro Country Club. For details contact: saltmeeting@gmail.com. 6:00p - 7:30p (455 Fair Oaks St,) *Uptown Saturday Night* O. GC, CH, WA, S, chips last Sat.

## **Sunday**

5:15p - 6:30p (Castro Country Club, 4058  $18^{th}$  St) Recovery from Sex & Love Anorexia. 0.12, GC, SD. 7:15p - 8:30p ( $16^{th}$ ) Healing from Fantasy & Intrigue. 0.5p.

## **East Bay Meetings**

Common Locations
Epworth Methodist Church
1953 Hopkins St, Berkeley
Kaiser Broadway Building
3701 Broadway, Oakland
Kaiser Fabiola Building
3801 Howe St, Oakland
Kaiser Hospital

280 W. MacArthur Blvd, Oakland Resurrection Lutheran Church 397 Euclid Ave at Van Buren, Parish House, Oakland Good Shepherd 1823 9th St @ Hearst, Berkeley Christ Church of the East Bay 2138 Cedar St @ Walnut, Berkeley

#### Monday

7:30a - 8:30a (Oakland, Resurrection Lutheran) Start week w/focus on being more happy, joyous and free. O. WA.

12:00p – 1::00p (Oakland, Presbyterian Church, 5951 College Ave) *Noon Meeting.* 0,12 GC, SC, WA. 12:00p - 1:00p (Oakland, Kaiser Broadway, Room M0151, Floor G1) *Noon Meeting.* 0. 12, GC, CH, WA. 6:30p - 7:30p – (Berkeley Good Shepherd, Parish House) *11th Step Meditation.* 0. 12, GC, CH, WA. Readings, meditation, shares.

7:30p - 9:00p (Walnut Creek, St Paul's Episcopal, 1860 Trinity Ave) O. 12, GC, CH, WA, SD. Fellowship Cottage to right of church. S/D  $1^{\rm st}$  &  $3^{\rm rd}$ , 12  $2^{\rm nd}$  &  $4^{\rm th}$ .

## **Tuesday**

7:30a - 8:30a (Berkeley, Christ Church of East Bay) *In the Solution*. O. Men's. GC.

6:30p - 7:30p (Oakland, Kaiser Mosswood Building, 3505 Broadway, Room 1173) *Focus on Committed Relationships.* C. GC, WA, SD.

7:00p - 8:30p (Kaiser Fabiola Bldg. Room 445) 0. Women's. 12, GC, SC, SD. 12  $1^{st}$  &  $3^{rd}$ , S/D  $2^{nd}$  &  $4^{th}$ .

#### Wednesday

7:30a - 8:30a (Berkeley, Epworth Methodist, downstairs study room) 12 & 12 Gratitude. O. 12. 12:00p – 1:00p (Oakland, Presbyterian Church, 5951 College Ave) Noon Meeting O, 12, GC, CH, WA. 12:00p - 1:00p (Oakland, Kaiser Broadway Bldg., Room M0151, floor G1) O. 12, GC, WA. 6:30p - 7:30p (Oak, Kaiser Bdwy Bldg. 2nd FL PT room) Dating/Building Relationships. O. GC, SC, S. 7:45p – 8:45p (Oak, Kaiser Bdwy 2nd FL, PT Rm) Unconditional Love +Truth + Healing. O. 12, WA, S.

#### **Thursday**

9:30a - 10:30a (Private) *Therapists, Clergy, Teachers & Helping Professionals.* C. 12, GC, WA. Call 415-573-5955 for details and location.

6:30p - 8:00p - (Berkeley, Good Shepherd, Parish House). O. Men's. 12, GC, S.

7:30p - 8:30p - (Kaiser Fabiola Bldg. 4<sup>th</sup> FL #445) *SLAA: Anorexia & Recovery.* O. Bldg. locked @ 8pm

## **Friday**

7:30a - 8:30a (Berkeley Epworth Methodist, adult study room) *Applying 12 Step Principles.* O. 12, GC. 12:00p - 1:00p (Oakland, Kaiser Broadway Bldg.) *Healthy Behavior.* O. GC, WA., G1 Rm M0151. 7:30p - 9:00p (Oakland, Presbyterian Church, 5951 College Ave) *Fantasy/Intrigue.* O. GC, SC, WA, S.

# **Saturday**

8:00a - 9:00a (Oakland Kaiser Hospital, Rm 1200B) *Men's Meeting.* O. Men's. GC. Reading/Writing. 10:00a - 11:00a (Oakland, Kaiser Mosswood Building, Rm 1172, 3505 Broadway) *Women In Recovery.* O. 12, GC, S.

5:00p - 6:30p (Berkeley, Christ Church of the East Bay) *Anorexia*. O. 12, GC, SC, S.

6:00p - 7:30p (Berkeley Fellowship of Unitarians, 1606 Bonita @ Cedar Street in upstairs Benjy Room) *In the Solution.* 0. 12, GC, WA, SD, S. 6:30p - 7:30p (Oakland Kaiser Hospital, Rm 1200C) *People of Color.* C. GC, WA, SD. 12th floor

## Sunday

5:00p - 5:45p (Oakland Kaiser Fabiola Bldg., Room G27) *Newcomer's*. O. NC.

6:00p - 7:30p (Oakland Kaiser Fabiola Bldg., Room G27) O. GC, CH, SC, S.

Key to Meeting Descriptions

O=Open, C=Closed, 12=Step Study, GC=Getting Current, CH=Chips, SC=Scent Free, WA=Wheelchair Accessible, S=Speaker, SD=Speaker/ Discussion, NC=Newcomer, GL=Gay/Lesbian. **Open meetings** are open to Sex and Love Addicts, or those trying to learn more about SLAA. Newcomers are welcome at all meetings. **Closed meetings** are open only to SLAA members. The only requirement for membership is a desire to stop acting out a pattern of sex and love addiction.