

# San Francisco/East Bay SLAA Meetings

## SUNDAY

| Time            | Meeting                             | Location   | Notes   |
|-----------------|-------------------------------------|--|---|
| 5pm - 5:45pm    | EB: Newcomers                       | 3801 Howe St, Kaiser Fabiola Building RM G27, Oakland            | Rm G27 O. NC. Newcomers welcome.  |
| 6pm - 7:30pm    | EB: Speaker/Chips Meeting           | 3801 Howe St, Kaiser Fabiola Building, Oakland                   | Room G27. O. GC, CH, SC, S. Chips every Sunday; Birthday night last Sunday of each month. |
| 6:45pm - 7:45pm | EB: Focus on Love Addiction         | Home of Truth Spiritual Center, 1300 Grand St, Alameda, CA 94501 | Meets upstairs in the Ohana Room. O, GC, 12, SD   |
| 7:15pm - 8:15pm | SF: Healing from Fantasy & Intrigue | 3555 Cesar Chavez St. San Francisco, CA                          | STL Griffin Room  |

## MONDAY

| Time            | Meeting                        | Location   | Notes   |
|-----------------|--------------------------------|--|---|
| 12pm - 1pm      | EB: Noon meeting               | 3801 Howe Street, Kaiser Fabiola Building, Oakland         | This group meets in the Fabiola Building, room G70 (in the basement).   |
| 6:30pm - 7:30pm | EB: 11th Step meditation       | 1823 9th Street, Good Shepherd Church, at Hearst, Berkeley | O. 12, GC, CH, WA. Readings, meditation, shares. Room is in parish hall next to church. We are in the smaller room (another 12 step meeting in big room): Upon entering turn left and take door to the right at end of hallway. |
| 7:30pm - 9pm    | EB: Speaker/Step Study Meeting | 924 Trinity Ave, St Paul's Episcopal Church, Walnut Creek  | O. 12, GC, CH, WA, SD. Fellowship cottage to the right of the church. Speaker/Discussion 1st & 3rd Mondays; Step Study 2nd & 4th Mondays.   |

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|-----------------|---|---|---|
| 7:30pm - 8:45pm | SF: Building Partnerships & Healthy Sexuality | 650 Parker Avenue, St. Ignatius Church, San Francisco | Open meeting. GC, SD. Speaker every week. Enter at rear (N.E. corner) of church, east side, look for stairs, meeting sign opposite bike rack. |
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## TUESDAY

| Time            | Meeting                            | Location  | Notes  |
|-----------------|------------------------------------|---|--|
| 7:30am - 8:30am | EB: In the Solution                | Berkeley Fellowship of Unitarians, 1606 Bonita Ave.   | Corner of Cedar and Bonita, 1924 Cedar St. Men's only Group. O. 12, GC, SC, SD.          |
| 6:30pm - 7:30pm | EB: Creating Healthy Relationships | 3505 Broadway, Kaiser Mosswood Building Rm 1173, Oakland, Calif   | O. GC, WA, SD. If front door is locked, enter through garage.                            |
| 6:30pm - 7:45pm | SF: Tools/Step Study & Meditation  | St. Luke's Hospital<br>3555 Cesar Chavez St,<br>San Francisco, CA<br>94110 STL<br>Admin Conference Room | Open meeting   |
| 7pm - 8:30pm    | EB: Womens and Trans* Meeting      | Kaiser hospital, 3600 Broadway, Oakland, CA 94611, USA  | Lower Level Room LLC, W, GC, SC, SD. Step Study 1st & 3rd, Speaker/Discussion 2nd & 4th. |

## WEDNESDAY

| Time       | Meeting                    | Location  | Notes   |
|------------|----------------------------|---|---|
| 7:30am     | EB: 12&12 Gratitude        | Epworth Methodist Church, 1953 Hopkins St, Berkeley | Adult study room downstairs. O. 12.   |
| 12pm - 1pm | EB: Rockridge Noon Meeting | 2727 College Ave, Berkeley, CA                      | There is plenty of parking under the church (enter from Garber ST. and park at the north end nearest 4th St.). Come up the garage stairs into the church lobby. Or enter the main church office through one of several main levels entrances. We're meeting in "The Ark" off of the children's nursery. Signs will point the way. |

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|-----------------|---|--|--|
| 12pm - 12:55pm  | SF: Focus on Healthy Connecting Relationships | St. Patrick Church, 765 Mission St   | Cultivating relationships with Self, Higher Power, and Others!<br>Meeting location is in small building next to church. Entrance on back side facing away from Mission Street<br>Newcomers welcome, Speaker every week, Readings and Getting Current                         |
| 12pm            |   | 3801 Howe St   | Meeting located in basement. Open to everyone  |
| 6:15pm - 7:30pm | SF: Women's Step Discussion                   | 3555 Cesar Chavez St. STL Griffin Room San Francisco, CA                               | Open meeting. C, 12, GC. Women only.   |
| 6:30pm - 7:30pm | EB: Dating/Building Relationships             | Kaiser Hospital, 3600 Broadway Ave, Oakland, CA, Lower Level SMOB, Conference Room LLC | Lower Level, Conference Room LL-C O. GC, SC, S.  |
| 8pm - 9:15pm    | SF: Men's Focus on the First Step             | 3555 Cesar Chavez St. STL Griffin Room San Francisco, CA                               | The meeting room is on the lobby level near the main entrance and there will always be a staff member at the desk to help out. After 8pm knock on the glass door to be let in. O. GC, SC, WA, S, NC. Men only (all male identified individuals welcome). Speaker every week. |

#### THURSDAY

| Time            | Meeting  | Location   | Notes   |
|-----------------|--|--|---|
| 9:30am          | EB: Therapists, Clergy, Teachers & Helping Professionals | Private Location   | Closed meeting; for location and details call 925-323-8120  |
| 6:30pm - 8pm    | EB: Men's Meeting  | Good Shepherd Church, 1823 9th Street @ Hearst, Berkeley | O. Men's. 12, GC, S.  |
| 7:30pm - 8:45pm | SF: Focus On Anorexia                                    | 65 Dorland Street, San Francisco                         | GC, SD, NC. The meeting is held in Room 304. To enter building, press "304" on the keypad, wait for door to be unlocked, enter lobby and take elevator or stairs up to 3rd floor, Room 304. |

**FRIDAY**

| <b>Time</b>     | <b>Meeting</b>                  | <b>Location</b>  | <b>Notes</b>                            |
|-----------------|---------------------------------|--|---|
| 7:30am - 8:30am | EB: Applying 12 step principles | Epworth Methodist Church, 1953 Hopkins, Berkeley, CA       | Adult study room downstairs. O. 12, GC. |
| 7:30pm - 9pm    | EB: Fantasy/Intrigue            | College Ave Presbyterian Church. 5951 College Ave, Oakland | O. GC, SC, WA, S.                       |

**SATURDAY**

| <b>Time</b>  | <b>Meeting</b>                  | <b>Location</b>  | <b>Notes</b>   |
|--------------|---------------------------------|--|--|
| 8am-9am      | EB: Men's meeting               | 3600 Broadway Ave  | Lower Level, Conference Room LL-C. (Take Medical Office elevators to lower level, turn right, proceed to LL-C at end of short hall.) O. Men's. GC. Reading/Writing alternate weeks.  |
| 9am-10:30am  | SF: Weekend meditation          | 1520 Page St, San Francisco, CA 94117,   | Enter 1520 Page St. at the gate on Page Street, behind St. Anges Church, mid-block between Masonic Ave. and Ashbury Street. Newcomers, please ring the cowbell and we will come open the gate. After going through the gate, enter the building at the first door on the right. Once you are in the corridor, the meeting room is on your right. |
| 10am-11:15am | EB: Women and Trans in Recovery | 3600 Broadway Ave  | Lower Level Conference Room LL-A, O. 12, GC, WA, S. W and Trans*   |
| 5pm - 6:30pm | EB: Anorexia                    | Lutheran Church of the Cross, Room 210 1744 University Ave. Berkeley, CA 94703 | O. 12, GC, SC, S.  |
| 6pm - 7:30pm | EB: In the Solution             | Berkeley Fellowship of Unitarians, 1606 Bonita Ave                             | Corner of Bonita and Cedar Street, parish hall in back of the church, upstairs in the Benjy Room. O. 12, GC, WA, SD. Readings weeks 1-3, speaker weeks 4-5.  |
| 6pm - 7:30pm | SF: Uptown Saturday Night       | Holy Innocents' Church, 455 Fair Oaks St, San Francisco                        | Between 25th and 26th and Dolores & Guerrero. O. GC, CH, WA, S. Chips last Sat of each month.  |

|                 |                    |                                    |                           |
|-----------------|--------------------|------------------------------------|---------------------------|
| 6:30pm - 7:30pm | EB:People of Color | Room 445 Fabiola Bldg, on Howe St. | People of Color, C, GC WC |
|-----------------|--------------------|------------------------------------|---------------------------|

**Key to Meeting Descriptions:** O=Open, C=Closed, Trans\*=Transgender, 12=Step Study, GC=Getting Current, CH=Chips, SC=Scent Free, WA=Wheelchair Accessible, S=Speaker, SD =Speaker/ Discussion, NC=Newcomer, GL=Gay/Lesbian.  
Open meetings are open to Sex and Love Addicts, or those trying to learn more about SLAA. Newcomers are welcome at all meetings. Closed meetings are open only to SLAA members. The only requirement for membership is a desire to stop acting out a pattern of sex and love addiction

*Sex and Love  
Addicts Anonymous  
San Francisco/East Bay Meeting Schedule  
Revised February 2018*



*Email changes to [webmaster@slaa-sfeb.org](mailto:webmaster@slaa-sfeb.org)*

