# **Regular Meeting Format**

## 10:00 OPENING (10 mins.)

- a. Moment of Silence and Serenity Prayer
- b. 12 Steps
- c. 12 Traditions

## 10:10 INTRODUCTIONS AND WELCOME (10 mins.)

- a. Welcome Newcomers and brief description of IG 30 Second General Introductions: include what group you represent or service position you hold and optionally a short check-in
- b. Hand out clipboards with contact #s and new agenda items

## 10:20 GROUP INVENTORY (10 mins.)

Topic to be selected by Chair

#### 10:30 APPROVAL OF LAST MONTH (5 mins.)

## 10:35 OFFICER REPORTS (20 mins.)

- a. Chair
- b. Committee Members
- c. Delegates
- d. Events Coordinator
- e. Public Information
- f. Treasurer
- g. 7th Tradition

#### **10:55** 5-MINUTE BREAK

## 11:00 CONDUCT BUSINESS (65 mins.)

- a. 7th Tradition
- b. Announcements
- c. 30 second check-outs
- d. Unity Prayer

#### 12:15 DISTRIBUTION OF LITERATURE